



Age 60 or older? Know the truth about Food Stamps!

- Food Stamps help people buy good food if they don't have enough income. It is not welfare. The money comes from taxes you and others have paid. True
- How much you get depends on your income. It also depends on how many people live in the house. Most people who live alone get about \$44 a month in Food Stamps. Most people who live with others get about \$116 a month in Food Stamps. True
- Is it hard for you to get around? Someone else can apply for you and shop for your food. True
- Have more than \$35 a month in medical and drug costs? You can subtract this from your income. It can help you get Food Stamps. True
- You can have up to \$3,000 in cash, savings or other things. Your house, car and some other things **don't** count. True
- You can get Food Stamps and still get meals-on-wheels. True
- You can own a home and still get Food Stamps. True
- Food Stamps are for anyone who applies and is OK'd. You are not taking Food Stamps away from families with children. True
- For more information or to apply, call DHS at **1-866-311-4287**. True



Legal Aid Society

Of Middle Tennessee And The Cumberland

1-800-238-1443

It's a free call.

On the internet at www.las.org