How much can you make and get Food Stamps?

You may be able to get Food Stamps -

If the number of people in your household is: **And** Your total monthly income is less than:

1	$1,062
2	$1,430
3	$1,799
4	$2,167
5	$2,535
6	$2,904
7	$3,272

What is the <u>most</u> Food Stamps you could get?

If the number of people in your household is: This is the **most** Food Stamps your size family could get each month:

1	$155
2	$284
3	$408
4	$518
5	$615
6	$738
7	$816

How much you could get also depends on your income and other things. **To get an idea how much YOU could get,** call Legal Aid at **1-800-262-6817**. It's a free call.

To apply for Food Stamps, go to or call the DHS office in your county.

Need their address and phone number? Call the Family Assistance Service Center at **1-866-311-4287**. It's also a free call.

Legal Aid Society
Of Middle Tennessee And The Cumberlands

Legal Aid is on the internet at **www.las.org**

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